

## Recognizing & Responding to Suicidal & Homicidal Ideation



### *Instructor Information:*

Matthew T. Rensi, a Licensed Professional Clinical Counselor who also holds a Ph. D. in counselor education and supervision. He earned his Masters of Arts in Counseling from Western Seminary and his Ph. D from Oregon State University. He has extensive experience providing therapy to people struggling with psychosis, homelessness, various mental health issues and the legal system. Matt provides trainings throughout the country on various aspects of mental health treatment including assessment, individual therapy, and safety/crisis intervention. Lastly he has conducted research on the Diagnostic and Statistical Manual of Mental Disorders using linguistic analysis.

**Instructor:** Matthew T. Rensi, Ph.D., LPCC

### *Course Description:*

This course covers an introduction to assessing for and engaging with clients that are experiencing suicidal and/or homicidal ideation. It focuses on Joiner's interpersonal theory of suicide and gives practical and actionable items for mental health professionals.

**Date:** October 31, 2024-Virtual

**Time:** 8:30am-11:00am

**Location:** Virtual training- link will be sent to registrants

**RUHS-BH Staff - Please register for this course via COR at <https://corlearning.sumtotal.host>  
All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet)**

**Free to all registered participants**  
**Continuing Education Credits: This course is approved for 2.5 continuing education units/credits/ hours.**

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If you need a reasonable accommodation/alternative format for this training event, please contact the Rustin Conference Center at (951) 955-7270 at least fourteen business days (14) prior to the course date.

# Recognizing & Responding to Suicidal & Homicidal Ideation

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**Audience:** RUHS-BH Clinical Therapists and other treatment staff. LMFTs, LCSWs, LPCCs, and LEPs, associate-level and support staff providing client care in the public behavioral health system

**Seat #:** 60

**Location:** **Virtual training-** link will be sent to registrants  
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## **Educational Goals:**

Learn an introduction to assessing for and engaging with clients that are experiencing suicidal and/or homicidal ideation. It focuses on Joiner's interpersonal theory of suicide and gives practical and actionable items for mental health professionals

## **Learning Objectives:**

1. Identify key observable signs and behaviors associated with suicidal and homicidal ideation, and the significance of changes in behavior, mood, and verbal expressions.
2. Develop intervention strategies for immediate crisis management and de-escalation.
3. Be able to apply at least 1 safety planning strategy

**Course outline:**

## Suicide assessment

- Joiner's interpersonal theory
- IS PATH WARM
- Ideation, intent, plan, means

## Homicidal Ideation assessment

- Ideation, intent, plan, means, past attempts, victims
- Two assessment tools

## Suicide safety planning

- Safety plan vs. hope kit
- Crisis in telehealth
- 5150 holds

**CEs will be provided by Community Solutions. This course is approved for 2.5 hours of continuing education units for LMFTs, LCSWs, LPCCs and/or LEPs as required by the California B.B.S. under CEPA Provider #129412, and LAADC by CCAPP-EI CADAAC Provider # 3-22-341-0526 & 1N-98-402-1225**

**Requesting Continuing Education:** Participants interested in receiving continuing education credit will be provided an electronic course evaluations by the trainer once the training concludes.

**Attendance Policy:** Participants who arrive to the course after the scheduled start time may not be admitted. To receive continuing education credit for a course, participants must attend the entire scheduled time. Participants who arrive late, leave early or return late from lunch/breaks will not receive continuing education credit. To receive credit, participants cannot miss more than 15 minutes total of instruction. **There is no partial credit issued.**

**Enrollment/Registration Policy:** RUHS-BH Staff should register for this course via COR Learning Management System (<https://corlearning.sumtotal.host>) The enrollment deadline is three (3) business days prior to the course start date (excluding holidays and weekends). All other interested partners, please visit [www.rcdmh.org/wet](http://www.rcdmh.org/wet).

**Cancellation and Refund Policy:** Registration must be cancelled on or before three (3) business days prior to the course start date (excludes holidays and weekends). Riverside University Health System-Behavioral Health does not currently charge fees for continuing education courses or activities sponsored by our agency. Therefore, no refund policy or procedure is currently in affect.

**Grievances:** Please contact Workforce Education and Training at 951-955-7270 for questions or concerns about this activity or facilities, or to request a copy of our grievance policy and procedures. Riverside University Health System-Behavioral Health follows all applicable local, state, and federal standards, including the Americans with Disabilities Act of 1990 (ADA), 42 U.S.C. §§ 12101-12213 (2008).